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Conquering Your
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Pediatrician's Guide for
Reclaiming a Normal
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Lonnie K., Schlank,
Christina Blackett:
9780060570170:
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Hardcover – January 1,
2005 by M.D. Zeltzer,
Lonnie K. (Author),
Christina Blackett
Schlank (Author)

Conquering Your Child's Chronic Pain: A Pediatrician's ...

From a renowned
expert in the field, a
parent's guide to

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managing their child's chronic pain—to give back normal life to the 1 in 5 children for whom pain is a serious problem. A child's chronic pain undermines school performance and social and emotional health, erodes finances, and devastates the family. This book reveals what parents can do to alleviate their child's pain on a daily basis.

Dr.

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A child's chronic pain undermines school performance and social and emotional health, erodes finances, and devastates the family. This book reveals what parents can do to alleviate their child's pain on a daily basis. Dr. Zeltzer's clinic is renowned for treatment of pediatric

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pain stemming from
headaches, arthritis,
irritable bowel
syndrome;
fibromyalgia, and
more, via a
multidisciplinary
approach including
specialists in
psychiatry,
hypnotherapy, yoga,
acupuncture,
biofeedback, and
others.

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Zeltzer's clinic is renowned for treatment of pediatric pain stemming from headaches, arthritis, irritable bowel syndrome; fibromyalgia, and more, via a multidisciplinary approach including specialists in psychiatry, hypnotherapy, yoga, acupuncture, biofeedback, and

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others.

**Conquering Your
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In *Conquering Your Child's Chronic Pain: A Pediatrician's Guide for Reclaiming a Normal Childhood*, Zeltzer and Schlank present numerous case studies to demonstrate how increasing functioning (i.e., attending school, doing chores, socializing) typically

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also leads to a decrease in pain or pain perception and an increase in confidence and happiness. For example, Zeltzer describes a 5-year-old boy with migraines whose mother learned relaxation techniques and practiced them with her son.

Conquering Your Child's Chronic Pain | HealthyPlace

Managing Your Child's

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Chronic Pain is an invaluable resource for parents who wish to learn how to help their children and families cope with persisting pain using cutting-edge, scientifically proven treatment tools and techniques. The easy-to-implement strategies in this book provide parents with practical instructions for pain management that will enable children to return to

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school, participate in sports and other activities, and pursue healthy and active social lives.

Managing Your Child's Chronic Pain: 9780199330041 ...

Today we're going to talk about a book called Conquering Your Child's Chronic Pain: A Pediatrician's Guide for Reclaiming a Normal Childhood. It's a bit different topic that the

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book takes a look at

because it talks about

how parents of kids

who suffer from

chronic pain should

help their kids deal

with this condition.

Normal Childhood

Conquering Your

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18 Jan. 2005, by Lonnie

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Zeltzer (Author),

Christina Blackett

Schlank (Author) 4.8

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When I evaluate a child
who has recurrent
pain, the inclusion of at
least one parent or
caregiver is required. If
the child is an
appropriate candidate

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for behavioral treatment, the parent is required to sit in and participate. If I teach the child relaxation techniques, the parent also must learn the same techniques.

Pain in Children - Practical Pain Management

(E.g., children with chronic pain need to function to get better, since pain is a product of the conscious mind;

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medications can help, but aren't a silver bullet; yoga and biofeedback can help children cope.) One year later my daughter, although not pain free, is much, much better, and enjoying life again.

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From a renowned expert in the field, a

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parent's guide to managing their child's chronic pain—to give back normal life to the 1 in 5 children for whom pain is a serious problem. A child's chronic pain undermines school performance and social and emotional health, erodes finances, and devastates the family. This book reveals what parents can do to alleviate their child's pain on a daily basis.

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May 10, 2005 — -- A nationally recognized leader in the field of pediatric pain management, Dr. Lonnie K. Zeltzer's book, "Conquering Your Child's Chronic Pain," offers an invaluable guide to ...

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by Zeltzer, Lonnie K.,
Schlank, Christina
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the US A pediatrician
looks at the causes and
repercussions of
chronic pain in children

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and offers a multidisciplinary approach--incorporating such alternative methods as yoga, acupuncture, hypnotherapy, and biofeedback, as well as relaxation techniques and medications ...

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your child. Your child may need the help of a multidisciplinary pain management team that might include a pediatric pain management ...

Symptoms of pain in children - WebMD

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field, a parent's guide
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In Conquering Your
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Schlank present numerous case studies to demonstrate how increasing functioning (i.e., attending school, doing chores, socializing) typically also leads to a decrease in pain or pain perception and an

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